



Memory Capsules

Food supplement

with B vitamins, iodine, zinc and ginkgo-biloba extract

Good to know:

Our brain carries out wide-ranging tasks as a center of perception, concentration and memory. A good supply of nutrients, specially adapted to the functions of the brain, mind and nervous system, is required to maintain the memory, learning capacity and mental fitness through to old age. The following effects are confirmed by the EFSA (European Food Safety Authority):

- Pantothenic acid (vitamin B5) contributes towards supporting normal mental performance
- Iodine and zinc contribute towards a normal cognitive function
- Niacin, biotin, iodine and thiamin (vitamin B1) as well as vitamins B6 and B12 support a normal function of the nervous system
- Niacin, biotin, thiamin, folic acid and vitamins B6 and B12 contribute towards a normal psychological function

Each capsule contains 50 mg Ginkgo-biloba special extract (50:1; extracting agent water 30 % and ethanol 70 %) each with 12 mg flavon glycoside and 3.25 mg ginkgolide terpenlactones. One capsule daily is enough!

Ingredients: Microcrystalline Cellulose (bulking agent), Gelatin, Extract of Ginkgo Biloba Leaves, Zinc Gluconate, Niacin, Calcium-D Pantothenate, Magnesium Stearate (separating agent), Vitamin B6 Hydrochloride, Vitamin B1-Mononitrate, Folic Acid, Biotin, Potassium Iodide, Vitamin B12.

	per capsule (=daily dose)	% of the recommended use according to NRV*	per 100 g capsule
Ginkgo-biloba extract (50:1)	50 mg	**	12 g
of which flavon glycosides	12 mg	**	3 g
Ginkgolide terpenlactone	3.25 mg	**	0,8 g
Niacin	16 mg	100	4 g
Pantothenic acid	6 mg	100	1 g
Vitamin B6	1.4 mg	100	0,3 g
Vitamin B1	1.1 mg	100	0,3 g
Folic acid	200 µg	100	49 mg
Vitamin B12	2.5 µg	100	0,6 mg
Biotin	50 µg	100	12 mg
Iodine	150 µg	100	37 mg
Zinc	5 mg	50	1 g

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended use: Take 1 capsule per day during a meal with sufficient liquid.

Ginkgo has a slightly blood thinning effect. Persons taking anticoagulants should consult their doctor before taking Memory Capsules.

Keep out of direct sunlight. Store dry and not above 25°C. Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

180 capsules = 71 g

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