



Gastrointestinal Herbal Tea

brewed and drunk as a tea
Plant-based remedy for gastrointestinal complaints



Fields of application: Gastrointestinal complaints such as feeling of abdominal fullness, flatulence and mild abdominal cramps; nervous cardiac-gastric complaints. *

Contraindications:
Allergy to anise and anethole.

Interactions: None known

Dosage instructions and type of application: Use 1 tablespoon per cup (about 150 ml) of boiling water. Cover and let steep for 10 minutes. Strain and drink. Unless otherwise directed, drink several times a day a cup of freshly brewed tea between meals.

Side effects:
Occasional allergic reactions of the skin, respiratory tract and the gastrointestinal tract may occur.

Reporting of side effects: If you notice any side effects, contact your doctor or pharmacist. This also applies to any side effects not listed in this information leaflet. You can also report side effects directly to the Federal Institute for Drugs and Medical Devices, Department of Pharmacovigilance, Kurt-Georg Kiesinger Allee 3, D-53175 Bonn, Website: www.bfarm.de. By reporting side effects you can help provide more information on the safety of this medicine.

Note: Keep out of reach of children. Keep out of direct sunlight and moisture. Do not use once the use by date has expired.

Active ingredients:
100 g tea contain:
25 g chamomile flowers, 20 g peppermint leaves, 15 g anise, 15 g sweet fennel, 15 g caraway.

Other ingredients: lemon balm, cinnamon, marigold flowers.

Packet size available: 120 g tea

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* For information on risks and side effects read the package leaflet and ask your doctor or pharmacist.