



## Sanct Bernhard Sport L-Carnitine Capsules

Nutritional supplement  
vegan

### Good to know:

L-carnitine plays a role in the **energy and fat metabolism of the cells** as organic carrier for the transport of long-chain fatty acids into the mitochondria. L-carnitine is an endogenous naturally occurring compound that is found mainly in meat, but also at low concentration in vegetables, fruit or dairy products.

Each capsule contains **pure L-Carnitine 300mg**.

### Ingredients:

L-Carnitine L-tartrate (78 %), Hydroxypropylmethylcellulose, separating agent Magnesium Stearate.

	per capsule	per daily dose (= 4 capsules)
L-Carnitine	300 mg	1200 mg

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

### Recommended use:

Swallow 2 times daily 2 capsules with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C.

Nutritional supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

### Contents 180 capsules = 102 g

Art. No. 2503

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[www.sanct-bernhard-sport.com](http://www.sanct-bernhard-sport.com)