Kräuterhaus
Sanct Bernhard

Der Spezialist für Naturheilmittel und Kosmetik.
Seit **1903** im Dienste der Gesundheit.

Gelenkfit Rose Hip-Plus Drink Powder

Food supplement with collagen hydrolyzate (Fortigel®), rose hip extract, vitamin C and sweetener

Good to know:
Patented combination [EP2224939B1] of collagen hydrolyzate (Fortigel®) and rose hip extract as well as vitamin C. The daily diet is supplemented with specific nutrients that are important for cartilage development, flexibility and strength of the joints; especially knees and hip joints.

The **rose hip**, the red fruit from the wild rose (Rosa canina L.), has always been well-known and popular. It is widespread throughout the world and surprises with its versatility for use in teas, jams and fruit jellies. The peel from the southern rose hip is the basis for this newly developed special extract.
Collagen hydrolyzate (Fortigel®) is particularly important for the function of the joints because joint cartilage is made up of around 70 percent collagen. Collagen hydrolyzate is especially well absorbed by the body. Specially optimised collage peptides are proven to promote joint cartilage growth and therefore counteract wearing of the joints caused by age and strain.
Vitamin C contributes towards normal production of collagen, which is required for healthy cartilage and bones.

Ingredients:
Collagen Hydrolyzate (62,5 %), Fructose, Rose Hip Extract (6.25 %), Vitamin C, Natural Orange Flavouring, acidifier Citric Acid, sweetener Steviol Glycosides from Stevia.

	per sachet (= daily dose)	% of NRV recommended daily dose*
Collagen hydrolyzate (Fortigel®)	5,000 mg	**
Rose hip extract	500 mg	**
Vitamin C	80 mg	100

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011
** No reference value has yet been established

Recommended use:
Place the contents of a sachet into a glass once per day and add 200 ml water while constantly stirring. Regular use over a longer period (at least 3 months) is recommended.

Keep dry and out of direct sunlight. Store below 25°C.
Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 30 sachets with 8 g each
Total weight 240 g

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FS0224 + Sa0625

Kräuterhaus Sanct Bernhard KG
Helfensteinstraße 47
73342 Bad Ditzenbach

Sitz der Gesellschaft: 73342 Bad Ditzenbach
Geschäftsführer: Elmar Schulz, Sally Wagner
Amtsgericht Ulm/Donau HRA 541000

Telefon 0 73 34/96 54 0
Telefax 0 73 34/96 54 44
info@kraeuterhaus.de

www.kraeuterhaus.de
Ust-ID-Nr. DE 205872348