



Calcium 250 mg Capsules

Nutritional supplement

Useful information:

Calcium is a mineral which is important for many functions within the human organism. Calcium also plays for example a key role in the formation of the inorganic substance in the bones and teeth. Calcium also contributes towards a normal muscle function, blood coagulation and signal transmission between the nerve cells.

Ingredients:

Calcium Carbonate, Gelatine, Corn Starch.

Each capsule contains 625 mg calcium carbonate (corresponding to 250 mg pure calcium).

	per capsule	per daily dose (= 4 capsules)	% of NRV recommended daily dose*
Calcium	250 mg	1000 mg	125

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

Recommended dose:

swallow 2 capsules whole 2 times per day at meal times with sufficient liquid.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 300 capsules = 225 g

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