Kräuterhaus
Sanct Bernhard

Der Spezialist für Naturheilmittel und Kosmetik.
Seit **1903** im Dienste der Gesundheit.

Organic Greek Mountain Tea

from controlled organic cultivation

Traditional herbal tea made from the leaves, flowers and stalks of the Greek lemon verbena (Sideritis sp.). Greek mountain tea also called shepherds tea, grows wild in the Mediterranean regions of Europe. It is collected and dried in small bundles in the sun. Greek mountain tea is traditionally enjoyed because of its mild, aromatic and spicy taste and has a soothing effect. This tea is often served with honey and is consumed hot or cold.

Preparation: Use 3 tablespoons of Greek Mountain Tea per 1 liter of frantically bubbling, boiling water and let stand for 5-10 minutes.

Ingredients: Greek Mountain Tea is made of the whole herb with flowers*
*from controlled organic cultivation

DE-ÖKO-001
Non-EU-agriculture

Contents 100 g

Art. Nr. 301

Eti1224

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