



## GELASTIN® Osteo

Food supplement with collagen peptides (FORTIBONE®),  
calcium, vitamins D3 and K2, and sweeteners  
Blackcurrant flavour

**Useful information:** The human skeleton is made up of 206 bones. They carry the body and give it its shape. The mesh-like framework of the bone matrix is mainly formed from collagen fibres. This is where minerals, especially calcium, are stored. This special structure is what makes bones elastic and strong. The proven recipe has been further developed by our scientists: now with FORTIBONE® collagen peptides.

GELASTIN® Osteo contains 10 g of FORTIBONE® collagen peptides. This high-quality branded collagen has optimum bioavailability and can be absorbed and utilised very well by the body. It is enriched with calcium and the vitamins K2 and D3, which are vital for bones.

It is very easy to use: the daily portion is intended for mixing in cold or hot water. The drink tastes fruity and refreshingly of blackcurrant.

- Contains FORTIBONE® collage peptides, which demonstrate optimum bioavailability
- With calcium and vitamins D3 and K2. Calcium, vitamin D3 and vitamin K2 contributes to normal bone maintenance
- Pre-dosed in daily portions and easily soluble in cold or hot water
- Tasty blackcurrant flavour

**Ingredients:** Collagen hydrolysate (47%), sweetener xylitol, calcium lactate, acidifier citric acid, beetroot powder, natural flavouring, anti-caking agent silicon dioxide, sweetener steviol glycosides from stevia, maltodextrin, vitamin D3, vitamin K2 (menaquinone-7, MK-7).

Nutritional values	per portion bag (= daily dose)	per 100 g
Calorific values	238 kJ/ 53 kcal	1110 kJ / 250 kcal
Fat	0 g	0 g
- of which saturated fatty acids	0 g	0 g
Carbohydrates	7.2 g	33.8 g
- of which sugars	0.1 g	0.5 g
- of which polyhydric alcohols	7 g	32.7 g
Protein	9.3 g	43.6 g
Salt	0.05 g	0.25 g

	per portion bag (= daily dose)	% of NRV recommended daily dose*
Collagen hydrolysate	10 g	**
Calcium	502 mg	63
Vitamin D3	5 µg	100
Vitamin K2	75 µg	100

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

\*\* no reference value available yet

**Recommended consumption:** Once a day, pour the contents of one sachet (= 21.4 g) into a glass, fill with 150 ml of hot or cold water (non-carbonated) and stir well.

Please stir well – calcium is difficult to dissolve.

May have a laxative effect if consumed in excess.

Store in a dark, dry place below 25 °C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy

# Kräuterhaus Sanct Bernhard

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Made in Germany

**Content: 30 sachets of 21.4 g**

Total weight 642 g

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