



## GELASTIN® powder

With FORTIGEL® collagen peptides

Food supplement for special medical purposes (supplement for a balanced diet)  
Orange flavour

**Useful information:** Are you looking for an alternative to the GELASTIN® intens gel sachets? Then GELASTIN® powder is perfect for you. At just 11.4 g, our sachets are extremely light and ideal for travel. And GELASTIN® powder contains all the vital ingredients also contained in GELASTIN® intens. This also includes the branded collagen FORTIGEL®, which is characterised by particularly high bioavailability. Cartilage is made up of 70% collagen. Please remember that regular exercise is important for your joints. Very easy to use: GELASTIN® powder is pre-dosed in daily portions and easy to open. Simply dissolve in still water (150 ml) and drink. It has a deliciously fruity orange flavour. Our tip for autumn/winter: Make yourself a "hot orange" with GELASTIN® powder. Simply pour on hot water, stir, and it's ready! GELASTIN® Osteo is free from fat and alcohol and is ideal for diabetics (less than 0.1 BU).

- Contains the branded collagen FORTIGEL®, which is characterised by particularly high bioavailability
- With magnesium, vitamin C, vitamin B6, thiamine, vitamin A, folic acid and vitamin B12
- Pre-dosed in daily portions and easily soluble in water
- Tasty orange flavour

**Ingredients:** Collagen Peptides (10 g = 88.5 %) from animal raw materials, Magnesium Citrate, Citric Acid (sweetener), Flavourings, Sucralose (sweetener), Vitamin C, Vitamin B6, Thiamine (vitamin B1), Vitamin B2, Folic Acid, Provitamin A (B-carotene), Vitamin B12.

Nutritional values	per 100 g	per portion/11.4 g
Calorific values	1490 kJ 350 kcal	170 kJ 40 kcal
Fat	0 g	0 g
- of which saturated fatty acids	0 g	0 g
Carbohydrate	1.9 g	0 g
- of which sugars	0 g	0 g
Protein*	79 g	9.0 g
Salt	0.05 g	0.45 g
FORTIGEL	88 g	10 g
Magnesium	852 mg	97 mg
Vitamin C	648 mg	74 mg
Vitamin B6	11.1 mg	1.3 mg
Vitamin B1	8.66 mg	0.99 mg
Vitamin B2	7.27 mg	0.83 mg
Folic acid	1964 µg	223 µg
Vitamin A	1308 µg	149 µg
Vitamin B12	7 µg	0.8 µg

**Recommended consumption:** 1 x per day, pour the contents of a 15 g sachet into a glass, fill with 150 ml hot or cold water (non-carbonated) and stir well. Please stir well – calcium is difficult to dissolve.

Important information: Contains the clinically tested ingredient FORTIGEL®. Only use under doctor's supervision. Due to the special nutrient requirements of osteoarthritis, the content of some minerals and vitamins deviates from the maximum and minimum quantities according to Annex 6 of the Dietary Guidelines. Osmolarity: 432 mosmol/l.

Made in Germany

**Contains 30 sachets of 11.4 g**

**Total weight 342 g**

Art. No. 2404

FS0324 / Sa0324

Kräuterhaus Sanct Bernhard KG  
Helfensteinstraße 47  
73342 Bad Ditzingen

Sitz der Gesellschaft: 73342 Bad Ditzingen  
Geschäftsführer: Elmar Schulz, Sally Wagner  
Amtsgericht Ulm/Donau HRA 541000

Telefon 0 73 34/96 54 00  
Telefax 0 73 34/96 54 44  
info@kraeuterhaus.de

www.kraeuterhaus.de  
Ust-ID-Nr. DE 205872348