



## Tanning Capsules

Nutritional supplement with carotenoids and copper

### Worth knowing:

Tanning capsules supplement the protection of our skin against the sun and intensify and prolong a beautiful, natural tan. The so-called "carrot effect" is a widely-known, desired side-effect of the plant-based carotenoids. It gives the skin a healthy colour similar to a sun tan. Many customers therefore start taking Tanning Capsules several weeks prior to the holiday or the sunny season, or use them in winter to retain their natural sun tan. Copper is an ideal supplement to this effect as it has been proven to contribute towards a normal, healthy pigmentation of the skin. Copper also supports the retention of healthy connective tissue and protects the cells against oxidative stress, i.e. free radicals which can be generated through solar irradiation.

**Ingredients:** Sunflower Oil, Gelatine, humectant Glycerol, Carotenoids (3%), Copper Gluconate, thickening agent Silicon Dioxide, colouring: Ferric Oxide, antioxidant alpha-Tocopherol.

	per capsule (=daily dose)	% of NRV recommended daily dose*
Carotenoids	15 mg	**
Copper	1 mg	100

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

\*\* no reference value available yet

**Recommended dose:** swallow 1 capsule daily with sufficient liquid.

**Note:** Due to their carotenoid content, Tanning Capsules are not recommended for heavy smokers.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

**Contents 90 capsules = 48 g**

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