



## Vitamin Drops ADEK

Nutritional supplement with vitamins A, D3, E and K2

**Useful information:** Vitamin drops ADEK combine the fat-soluble vitamins A, D3, K2 and E in a practical, easy-to-take form. The drops can be measured out easily, making them ideal for daily use as a dietary supplement.

- Vitamins A and D3 help the immune system to function normally.
- Vitamin K2 contributes to normal blood clotting and helps maintain healthy bones.
- Vitamin E also plays a role in protecting cells against oxidative stress.

**Ingredients:** MCT Oil (medium-chain triglycerides), Vitamin E, Sunflower Oil, Olive Oil, Lemon Oil, Retinyl Palmitate, Alpha-tocopherol (anti-oxidant), Vitamin D3, Vitamin K2 (Menaquinone-7, MK-7).

	per drop	per daily dose (= 2 drops)	% of NRV recommended daily dose*
Vitamin A	200 µg RE (667 I.E.)	400 µg RE (1333 I.E.)	50
Vitamin D3	12.5 µg (500 I.E.)	25 µg (1000 I.E.)	500
Vitamin E (alpha-TE) Natural	3 mg (4.5 I.E.)	6 mg (9 I.E.)	50
Vitamin K2	10 µg	20 µg	27

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

**Recommended dose:** Take 2 x 1 drop per day, preferably at meal times.

Not suitable for children and adolescents or pregnant and breastfeeding women.

People who are taking blood-thinning medication (anti-coagulants) should consult a doctor prior to taking these capsules.

Store protected from light, dry and below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

**Contents 30 ml** (= 1088 drops)

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