



## NADH Capsules 20 mg

Food supplement

### Good to know:

Nicotinamide adenine dinucleotide hydride, or NADH or coenzyme 1 for short, is the biologically active form of vitamin B3 (niacin). In our bodies, NADH acts as a biological spark plug for numerous metabolic processes by enabling the normal progression of chemical reactions. For example, it integrates hydrogen into the respiratory chain and plays a role in energy-forming processes in our body cells.

Due to its unique properties, NADH is highly unstable with regard to light and oxygen. Therefore, we make use of an NADH that was especially stabilised to retain its efficacy.

Each NADH capsule contains 20 mg stabilised NADH.

### Ingredients:

Bulking agent Microcrystalline Cellulose, Palm Fat, Gelatine, bulking agent Bee's Wax, separating agent Magnesium Stearate, bulking agent Chlorophyll, NADH (5 %).

|      | per capsule<br>(=daily dose) | per 100 g capsules |
|------|------------------------------|--------------------|
| NADH | 20 mg                        | 5 g                |

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

### Recommended dose:

Swallow 1 capsule daily, preferably in the morning, with sufficient fluid.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

### Contents 30 capsules = 11 g

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