



## Artichoke Capsules

Nutritional supplement with cynarin and choline

### Useful information:

The artichoke (*Cynara scolymus*) is a thistle-like plant from the daisy family, which originally comes from the Mediterranean region. Connoisseurs like its bitter, delicately aromatic taste. Furthermore, people have been aware of its unique positive properties since ancient times. Its contents, and especially the bitter substance cynarin, are exceptionally valued after enjoying ample, high-fat meals. We have added the nutrient choline, which is a component of many foods. Choline contributes towards a normal lipometabolism.

### Ingredients:

Artichoke extract (56 %), Maltodextrin (bulking agent), Choline Bitartrate, Gelatine, MikrocrySTALLINE Cellulose (bulking agent), Magnesium Stearate (separating agent).

Each capsule contains 350 mg artichoke extract corresponding with 4200 mg artichoke with min. 2.5 % cynarin and 50 mg choline.

	per capsule	per daily dose (= 2 capsules)	per 100 g capsules
Artichoke extract	350 mg	700 mg	56 g
of which cynarin	8.75 mg	17.5 mg	1 g
Choline	50 mg	100 mg	8 g

Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 not available.

### Recommended use:

Take 2 capsules per day after meals with sufficient liquid.

Store protected from light, dry and below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

### Contents 150 capsules = 91 g

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