



## CLA-Capsules

Nutritional supplement with a high proportion of  
conjugated unsaturated fatty acids

### Good to know:

CLA (Conjugated Linoleic Acid) a polyunsaturated fatty acid, is often taken as a dietary supplement in the context of a balanced, nutrition-conscious diet combined with regular exercise.

CLA-Capsules contain a processed safflower oil with 80 % conjugated unsaturated fatty acids.

Each capsule contains 800mg of conjugated unsaturated fatty acids.

**Ingredients:** Safflower Oil (58% linoleic acid), Gelatin, Glycerol, antioxidant tocopherol-rich Extracts.

	per capsule	per daily dose (=3 capsules)
safflower oil	1.0 g	3.0 g
of which is fat	1.0 g	3.0 g
of which:		
- saturated fatty acids	0.07 g	0.21 g
- simple unsaturated fatty acids	0.13 g	0.39 g
- polyunsaturated fatty acid	0.80 g	2.4 g
of which:	0.80 g	2.4 g
conjugated linoleic acid		

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

**Recommended dosage:** Take 1 capsule 3 times daily with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

**Contents 120 capsules = 160 g**

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