Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Cranberry Capsules 500 mg

Kräuterhaus Sanct Bernhard

Food supplement with Proanthocyanidines an vitamines

In North America the cranberry has long been known, and today also an increasing number of consumers in Europe appreciate the Cranberry, the bright red relative of the lingonberry. Valued is not only her intense, sour-bitter taste but also the contained phytochemicals, such as proanthocyanidins (PACs). We have added 10 mg of vitamin C that contributes to the function of the immune system and to the protection of the cells from oxide stress as well as 1.4 mg vitamin B12 that supports the conservation of healthy mucous membranes. This function is also important for the bladder.

Ingredients:

Cranberry Concentrate (68%), Gelatin, separating agent Magnesium Stearate, filler Magnesium Hydroxide, Cranberry Extract (2%), Vitamin C, separating agent Silica, Maltodextrin, Vitamin B2.

	per capsule	per daily dose (=3 capsules)	% recommended daily dose according to NRV*
Cranberry- concentrate/extract	500 mg	1500 mg	**
Of which is Proanthocyanidine	13 mg	39 mg	**
Vitamin C	10 mg	30 mg	38
Vitamin B2	1.4 mg	4.2 mg	300

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Suggested use: Take three capsules daily (preferably in the evening) with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made I Germany

Contents 90 capsules = 59 g

Art.-No.: 1471

Eti0324