



Nasturtium Tablets

Food supplement with
nasturtium powder and magnesium

Good to know:

With nasturtium the nature gives us a salad plant that presents the powers of vegetation in a surprisingly easy way.

Ingredients:

Filler Microcrystalline Cellulose, Nasturtium Herb Powder (33 %), Magnesium Carbonate, separating agents Magnesium Stearate, Silicon Dioxide.

	per tablet	per daily dose (= 9 tablets)	% of the recommended daily intake according to NRV*
Nasturtium herb powder	200 mg	1800 mg	**
Magnesium	25 mg	225 mg	60

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended dosage:

Take 3 tablets 3 times daily after a meal. The tablets should be swallowed whole with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle.
Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 180 tablets = 106 g

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