



## Organic Barley Grass Capsules

Nutritional supplement  
vegan

**Useful information:** Barley grass is the name of the young, green barley plant (*Hordeum vulgare*), which subsequently produces cereal grains. Barley grass has a similar nutrient composition to green leaf vegetable, but the density of the nutrients is much higher. This is surely the reason why barley grass has a long tradition as a valuable source of nutrients in many cultures. Recent scientific discoveries confirm that barley grass is an excellent provider of vital plant substances such as chlorophyll, antioxidants, flavonoids, proteins, vitamins and minerals. The barley grass powder we use is gained from the very gently dried, young leaves of the barley plant, which is grown in line with controlled organic guidelines.

**Ingredients:** Barley grass powder (82 %)\*, hydroxypropylmethylcellulose.

\* from controlled organic cultivation.

	per capsule	per daily dose (= 6 capsules)
Barley grass powder	450 mg	2700 mg

Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 not available.

**Recommended dose:** Swallow 3 x 2 capsules per day with enough fluid. In case of good tolerability you can individually increase the intake to 3 x 4 capsules daily according to your requirements.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.



DE-ÖKO-001  
EU agriculture

Made in Germany

**Contents 240 capsules = 129 g**

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