



Vitamin B6 Mono-Tablets

Nutritional supplement

Useful information:

Vitamin B6 plays an important role in the metabolism. Among other things, we need vitamin B6 to be able to convert and incorporate proteins. Vitamin B6 also contributes towards the metabolic energy rate and helps to reduce tiredness and fatigue. The vitamin also supports the formation of messenger substances in the nerves and contributes to a normal function of the psyche and the immune system. It also influences the regulation of normal, healthy hormone activity. Each vegan tablet contains 10 mg vitamin B6.

Ingredients: bulking agent Microcrystalline Cellulose, Vitamin-B6-Hydrochloride, separating agent Magnesium Stearate.

	per tablet (=daily dose)	% of NRV recommended daily dose*	per 100 g tablets
Vitamin B6	10 mg	714	4 g

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

Recommended dose: swallow 1 tablet per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 240 tablets = 60 g

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