



Darmfit¹-Complex fibre drink

Nutritional supplement for preparing a fibre-rich drink
with vitamin C, B vitamins and calcium.

Good to know: Enjoy consciously. Well supplied throughout the day.

In the midst of our daily challenges, maintaining a fibre-rich diet is often neglected. With its balanced blend of diverse fibre sources, calcium and selected vitamins, our fibre-rich drink supports a mindful, nourishing diet in a pleasantly enjoyable way. Enjoy the full-bodied, sweet-tangy flavour of apple, complemented by the pleasantly balanced warmth of ginger root – for a perfect start to your day.

Carefully selected nutrients in our Darmfit¹-Complex Fibre Drink:

- Calcium contributes to the normal function of digestive enzymes.¹
- Niacin and biotin contribute to the maintenance of normal mucous membranes.¹
- Vitamin C contributes to the normal function of the immune system.

Ingredients: Maltodextrin, inulin (26%), acacia fibre powder (17%), psyllium husk powder (15%), calcium lactate, natural flavouring, apple cider vinegar concentrate (2.6%), acerola extract (2.1%), ginger root powder (2%), niacin, biotin.

Average nutritional values	per portion (= 20 g)**	per 100 g
Calorific content	208 kJ 50 kcal	1040 kJ/ 250 kcal
Fat	0 g	0 g
- of which saturated fatty acids	0 g	0 g
Carbohydrates	7 g	35 g
- of which sugars	0.9 g	4.5 g
Dietary fibres	10 g	50 g
Protein	0.2 g	1.0 g
Salt	< 0.01 g	0.01 g

**Nutritional values for a portion of 20 g powder with 300 ml water.

	per portion (= 20 g)**	% of NRV recommended daily dose*
Vitamin C	160 mg	200
Niacin	36 mg	225
Biotin	100 µg	200
Calcium	150 mg	19

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

Recommended dose: Adults blend 2 level scoops (20 g) into 300 ml of water, stirring thoroughly with a fork. Consume immediately and drink a glass of water afterwards. It is recommended to take the product directly in the morning, shortly before the first meal.

We recommend using a shaker to simplify preparation.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Content of 500 g powder

yields 25 servings (7.5 litres of finished drink)

Art. No. 816 / Eti0726