



## Lactase Tablets

5,000 FCC units

Nutritional supplement with lactase in case of lactose intolerance

Lactase improves lactose digestion in people who have problems digesting milk sugar (lactose). The enzyme lactase splits lactose into its components glucose and galactose, which can easily be used by the body.

This handy click dispenser with small tablets which are easy to swallow is the practical, discreet accompaniment when travelling. Can be dosed according to requirements.

### Ingredients:

Maltodextrin, Lactase (37 %), filler: Microcrystalline Cellulose, Sodium Carboxymethylcellulose; separating agents: Magnesium Stearate, Silicon Dioxide; Sodium Chloride.

Each tablet contains 5,000 FCC units of lactase (FCC: Food Chemical Codex).

### Recommended use:

Depending on requirements, chew 1-4 tablets and swallow with a some liquid before or during the consumption of foods containing lactose.

**Note:** The need for added lactase varies from person to person and must be adjusted. It depends on the type and quantity of foods and drinks containing lactose as well as the body's own lactase production. Because of these differences, you should seek further advice regarding the function of lactase in your diet.

Store in a dark place, dry and below 25°C. Food supplements should not be used as a substitute for a balanced, varied diet and do not replace a healthy lifestyle. Store out of the reach of small children. The recommended daily dose must not be exceeded.

Made in Germany

**Contents 150 tablets = 7 g**

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