



Arginine Capsules 500 mg

Food supplement with arginine and B vitamins
vegan

Good to know:

Arginine is one of the 20 amino acids that are involved in the formation of proteins. From the point of view of a nutritional scientist, today arginine is recognized as a semi-essential amino acid. In addition, the vitamins B6, B12 and folic acid have a supportive effect. Thus, the vitamins B6 and B12 contribute to the formation of red blood cells. Folic acid and vitamin B12 contribute to normal homocysteine metabolism.

Ingredients:

L-arginine (77 %), Hydroxypropylmethylcellulose, filler Calcium Carbonate, anti-caking agent Magnesium Stearate, filler Corn Starch, Vitamin B6 Hydrochloride, Folic Acid, Vitamin B12.

	per capsule	per daily dose (=2 capsules)	% of recommended daily dose according to NRV*
L-Arginine	500 mg	1000 mg	**
Vitamin B6	1 mg	2 mg	143
Folic acid	100 µg	200 µg	100
Vitamin B12	1 µg	2 µg	80

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended use:

Take 1 capsule daily with sufficient liquid.

This product is not suitable for pregnant women, nursing mothers, persons under the age of 18 and persons who have suffered a heart attack. Persons taking medication to thin the blood, to increase potency or medication containing nitrates should consult a doctor before taking this product.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of little children. Do not exceed the recommended daily dose.

Made in Germany

Contents 150 capsules = 95 g

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