



Organic Snack Fun

Mix of roasted and spiced almonds and soybeans and spiced cashews
Vegan and gluten-free

Finely roasted soybeans and almonds plus cashews, cleverly seasoned with a traditional Asian seasoning blend based on soy sauce (tamari) - this results in an exotic-savoury combination for happy nibbling and snacking! The delicious mixture of spicy, subtly sweet and salty flavours also convinces with its high fibre and protein content. And all this with fat-free roasting and in 100% organic quality. Whether pure as a snack or as an addition to salads, dips and other dishes - this mix brings new ideas to your snack assortment!

Ingredients: 45 % **Soybeans***, 24 % **Almonds***, 23 % **Cashews***, 6 % Tamari* (**Soybeans***, Water, Sea Salt, Mirin* (Rice*, Sweet Rice*, Water)), Sea Salt.

* from controlled organic cultivation.

This mix is free of peanuts. May contain traces of other nuts.

Average nutritional values	per 100 g
Calorific content	2130 kJ/513 kcal
Fat	36 g
- of which saturated fatty acids	5.4 g
Carbohydrate	13 g
- of which sugars	6.2 g
Dietary fibres	11 g
Protein	30 g
Salt	3 g

Keep dry and out of direct sunlight. Store below 25°C.
Once opened, consume in a short time.



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Contents 200 g

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