



## Organic Barley Grass Powder

Purely plant-based, vegan  
Extra quality

### Useful information:

Barley grass is the name of the young, green barley plant (*Hordeum vulgare*), which subsequently produces cereal grains. Barley grass has a similar nutrient composition to green leaf vegetable, but the density of the nutrients is much higher. This is surely the reason why barley grass has a long tradition as a valuable source of nutrients in many cultures. Our Organic Barley Grass Powder is gained from the very gently dried, young leaves of the barley plant, which is grown in line with controlled organic guidelines.

Organic Barley Grass Powder can simply be stirred into water, juices or food to enjoy.

**Ingredients:** 100 % Organic Barley Grass Powder from controlled organic cultivation.

### Recommended use:

Dissolve 1 teaspoon of Organic Barley Grass Powder in approx. 200 ml water or stir into food 2 - 3 times per day.

Average nutritional values	per 100 g
Calorific content	1036 kJ/251 kcal
Fat	0,4 g
of which	
- saturated fatty acids	0.2 g
Carbohydrate	22 g
of which sugars	8 g
Dietary fibres	62 g
Protein	9 g
Salt	0.1 g



DE-ÖKO-001  
EU agriculture

Close properly and store in a dry place.

Made in Germany

### Contents 400 g

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