



Sweet Nature Erythritol

Table-Top Sweetener on the basis of Erythritol

- As sweet and tasty as sugar!
- No calories
- Glycemic index: 0
- Kind to teeth
- No artificial sweeteners
- Used like sugar
- Ideal for cooking and baking

Erythritol is a virtually calorie-free, naturally occurring and tooth friendly sugar substitute, which is gaining in popularity due to the number of positive attributes. Erythritol provides around 70-80 % of the sweetness of standard household sugar, without any of its negative aspects. It has a glycemic index of 0, does not let the blood sugar rise and does not need to be taken into account in the carbohydrate balance. In contrast to artificial sweeteners such as aspartame or saccharin, which are produced synthetically, erythritol is not a foreign substance to the organism. Sweet Nature erythritol can be used wherever you would usually use sugar: for cooking and baking, to sweeten coffee or tea, with fruit, in muesli or in yoghurt.

Ingredients: 100 % sweetener erythritol.

Average nutritional values	per 100 g
Calorific content	0 kJ / 0 kcal
Fat	0 g
- of which saturated fatty acids	0 g
Carbohydrate	100 g
- of which sugars	0 g
- of which polyhydric alcohols	100 g
Protein	0 g
Salt	0 g

Can have a laxative effect when used excessively!

Close properly and store in a dry place.

For food, limited use, with sweetener.

Contents 1 kg

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