



## Camomile Tea

Delicious herbal tea made of 100 % pure camomile flowers. Pleasantly mild and soft in taste. The true camomile (*Matricaria chamomilla* L.) is a type of plant in the composite plant (Asteraceae) family. It is one of the oldest, most thoroughly-investigated and most-used tea plants worldwide. Camomile tea can easily be produced by brewing the dried flowers. Soothes the gastro-intestinal area.

**Ingredients:** 100 % Camomile Flowers.

**To prepare:** Add 2-3 teaspoons per cup and fill with boiling water. Cover and leave to infuse for 5-10 minutes. This is the only way to ensure that the tea is safe to drink!

Do not use in case of known hypersensitivity to composite plants such as arnica, camomile, marigolds or yarrow.

Close properly and store in a dry place.

### Contents 250 g

Art. No. 337

Eti1024