



## Camu Camu Capsules

Food supplement  
with camu camu, selenium, zinc and vitamin D

### Good to know:

Camu Camu (*Myrciaria dubia*) is a shrub from the myrtle plant family, which is native to the western Amazon region, in particular in Peru. The tasty red berries are exceptionally rich in natural vitamin C. Camu-Camu Capsules contain 333 mg camu camu fruit concentrate and a selected combination of vitamins and trace elements, the importance of which for vitality and for a healthy, vitalised immune system has been confirmed by the European Food Safety Authority:

- Selenium, zinc, vitamin C and vitamin D all contribute to the normal functioning of the immune system.
- Vitamin C helps reduce to fatigue and exhaustion.

### Ingredients:

Camu Camu Fruit Concentrate (58 %), Gelatin, bulking agent Microcrystalline Cellulose, Zinc Gluconate, separating agent Magnesium Stearate, Sodium Selenite, bulking agent Maltodextrin, Vitamin D3.

	per capsule	per daily dose (2 capsules)	% of NRV recommended daily dose*	per 100 g capsules
Camu Camu Fruit Concentrate	333 mg	666 mg	**	58 g
of this vitamin C from the Camu Camu berry	23 mg	46 mg	58	4 g
Zinc	5.0 mg	10.0 mg	100	1 g
Vitamin D3	2.5 µg (100 I.U.)	5.0 µg (200 I.U.)	100	0.4 mg
Selenium	28 µg	56 µg	100	5 mg

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* \*\* No reference value has yet been established

### Recommended dose:

Swallow 1-2 capsules daily with a meal with sufficient liquid.

Not recommended for children and adolescents under the age of 17 years.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle.

Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

### Contents 120 capsules = 67 g

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