Kräuterhaus Sanct Bernhard

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



# Sea Salt Nasal Spray sensitive+

Medicinal product

Please read this information leaflet carefully, as it contains important information that you should take into consideration when using this medicinal product. Please contact your doctor or pharmacist if you have any questions.

#### Purpose of use:

The Sea Salt Nasal Spray sensitive+ is used for physical cleansing, moisturising, care and regeneration of the dry nasal mucous membrane.

#### **Composition:**

What is contained in Sea Salt Nasal Spray sensitive+?

**1 ml solution contains:** 1 ml isotonic solution equivalent to a 0.9% sodium chloride solution, consisting of sea salt solution, dexpanthenol and sodium hyaluronate (sodium salt from hyaluronic acid).

Note: Without preservatives

#### Dosage form and content:

What is Sea Salt Nasal Spray sensitive+ and what is it used for? Dosage spray with 20 ml solution for spraying into the nose and for rinsing the nose.

#### Fields of application:

#### When is Sea Salt Nasal Spray sensitive+ used?

## Sea Salt Nasal Spray sensitive+ is used:

- To moisten the nasal mucosa in dry air and in heated and air-conditioned rooms. Sea Salt Nasal Spray sensitive+ prevents so-called "dry nose" symptoms.
- For cleaning the nasal mucosa in case of increased pollution with pollen and household dust. Your nose is free to breathe and it becomes easier to clean or blow your nose.
- For the supportive treatment of colds and hayfever.
- To loosen encrustations.
- For the care and regeneration of the sensitive nasal mucosa through dexpanthenol and added hyaluronic acid.

# Contraindications:

When should Sea Salt Nasal Spray sensitive+ not be used?

Sea Salt Nasal Spray sensitive+ may not be used if you are allergic/hypersensitive to any of the components of this medicinal product listed under "Composition".

Can Sea Salt Nasal Spray sensitive+ be used during pregnancy and lactation?

Please ask your doctor or pharmacist for advice if you are pregnant or are nursing, if you think you might be pregnant before using this medicinal product.

# Precautions for application and special guidelines:

No particular precautionary measures are necessary if the product is used in accordance with the intended purpose. After nose operations or accidents, please consult a doctor before using the spray.

Prior to initial use, hold the bottle with the opening upwards and activate the spray system several times. The product is ready for operation when it discharges an even spray mist. Hold the bottle as vertically as possible when using. In spite of the special spray system with installed filter, we recommend that each dosing unit should only be used by one person for reasons of hygiene and to avoid infections. After application, it is therefore recommendable to wipe down the nose adapter and keep it dry.

After use, please replace the cap on the spray system. In order to guarantee the proper quality of the product and the function of the application system over the duration of use, no manipulations may be conducted on the spray bottle. Any residual quantities are due to technical necessity and have been taken into consideration regarding the filling quantity.

Use by children under 12 years of age should only take place under adult supervision.

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## Interactions with other remedies:

There are no known interactions.

## Fitness to drive and ability to operate machinery:

No particular precautionary measures are necessary.

# Dosage instructions, type and duration of application:

How often and in which quantity should you use Sea Salt Nasal Spray sensitive+?

Apply one spray burst each for children from 2 to 6 years of age.

Apply 1 - 2 spray bursts for adults and children 6 years and older.

Depending on requirements, use up to 10 times per day (0.14 ml per spray pump) into the oral and pharyngeal cavity. Should you be simultaneously using different products for the nose, you should administer Sea Salt Nasal Spray sensitive+ one hour beforehand.

How long should Sea Salt Nasal Spray sensitive+ be used?

Consult a doctor if your complaints continue to worsen or if there is no improvement after 7 days.

If required, Sea Salt Nasal Spray sensitive+ can be used until the complaints subside (maximally 30 days without interruption.

#### What to do if you use more Sea Salt Nasal Spray sensitive+ than you should:

There are no known poisoning and overdose symptoms.

#### What are the possible side effects?

A slight burning sensation in the nose cannot be excluded.

In individual cases, there may be an intolerance to the ingredients of Sea Salt Nasal Spray sensitive+.

If side effects occur, particularly allergic reactions, discontinue use of the medical product and consult a doctor. The quantification of frequency cannot be predicted on the basis of the available data.

#### Reporting of side effects/serious incidents:

If you notice side-effects or a deterioration in your state of health related to the medicinal product, contact the address provided under "Manufacturers". Serious incidents must be reported to the manufacturer and the competent authority of the Member State in which the user and/or patient is established. This also applies to side effects/serious incidents not stated in this leaflet.

By reporting any side effects, you can make a contribution towards more information being available on the safety of this medicinal product.

# Notes and information on the shelf life of the medicinal product:

Sea Salt Nasal Spray sensitive+ may only be used until the  $\succeq$  "use by" date marked on the label and the folding box. Do not use for longer than 6 weeks after opening.

#### Storage information:

Do not store above 25 °C and below 5 °C.

Keep out of the reach of children!

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For risks and side effects please read the information leaflet and consult your doctor or pharmacist.