



Carotene Capsules

Food supplements with carotenoids

Good to know:

Carotene capsules are a valuable food supplement containing carotenoids and vitamin E, evening primrose oil and skin-friendly vitamins such as Vitamin B2, niacin and biotin. Evening primrose oil contains biologically active polyunsaturated essential fatty acids (in particular gamma-linolenic acid), which are of great importance to the human body and cannot be produced by the body itself. A positive side effect of the carotene is the so-called "carrot-effect" which can cause the skin to turn sun-like brown and gives it a healthy color.

Therefore, many customers start to take about two to four weeks before their holidays or the sunny summer season carotene capsules.

Ingredients: Evening Primrose Oil, Gelatine, moisturizing agent Glycerol, filler Sunflower Oil, Vitamin E, Niacin, Carotenoids (1%), Calcium D-pantothenate, thickener Silicon Dioxide, Vitamin B6 Hydrochloride, Vitamin B2, Vitamin B1 Mononitrate, antioxidants alpha-tocopherol, greatly tocopherol-rich Extracts, Folic Acid, Biotin, Vitamin B12.

	per capsule	per daily dose (=2 capsules)	% of the daily intake according to NRV*
Evening Primrose oil	300 mg	600 mg	**
of which fat	300 mg	600 mg	-
of which saturated fatty acids	27 mg	54.0 mg	-
Unsaturated fatty acids	273 mg	546 mg	-
of which monounsaturated fatty acids	24 mg	48 mg	-
Polyunsaturated fatty acids	249 mg	498 mg	-
of which gamma-linoleic acid	27 mg	54 mg	-
Carotenoids	8.0 mg	16.0 mg	**
Vitamin E *** natural	15.0 mg (22 I.U.)	30,0 mg (45 I.U.)	250
Niacin	13.2 mg	26.4 mg	165
Pantothenic acid	5.0 mg	10 mg	167
Vitamin B2	1.05 mg	2.1 mg	150
Vitamin B6	1.05 mg	2.1 mg	150
Vitamin B1	0.83 mg	1.66 mg	150
Folic acid	150.0 µg	300.0 µg	150
Biotin	37.5 µg	75.0 µg	150
Vitamin B12	1.88 µg	3.76 µg	150

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established ***-(alpha-TE)

Recommended use: Take 1 capsule 1-2x daily 1-2. The capsules should be swallowed whole with sufficient of liquid.

Note: carotene capsules are not recommended for heavy smokers.

Store in a dry place below 25°C. Protect from light.

Food supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 100 capsules = 58 g

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