



## Hawthorn Capsules SN, 112.5 mg soft capsules

To be taken by adults

Active ingredient: Hawthorn Leaves with Dried Flower Extract

### **Read the entire information leaflet carefully before starting to take this medicinal product; it contains important information.**

Always take this medicinal product exactly as described in this leaflet or exactly as prescribed by your doctor, pharmacist or medical specialist.

- Keep this information leaflet. You may want to reread it at a later date.
- Ask your pharmacist if you need any additional information or advice.
- Please inform your doctor, pharmacist or medical specialist if you notice side effects. This also applies to side-effects not stated in this leaflet. See section 4.
- Please consult a doctor if you feel worse or, after 14 days, you do not feel better.

### **Information in this leaflet:**

1. What are Hawthorn Capsules SN, 112.5 mg soft capsules and what are they used for?
2. What must I be aware of before taking Hawthorn Capsules SN, 112.5 mg soft capsules?
3. How should Hawthorn Capsules SN, 112.5 mg soft capsules be taken?
4. What are the possible side effects?
5. How should Hawthorn Capsules SN, 112.5 mg soft capsules be stored?
6. Pack contents and additional information

### **1. What are Hawthorn Capsules SN, 112.5 mg soft capsules and what are they used for?**

Traditional plant-based medicinal product.

Traditionally used to support cardiovascular functions.

This medicine is a traditional medicine that is exclusively registered on the basis of years of application for the application areas.

### **2. What must I be aware of before taking Hawthorn Capsules SN, 112.5 mg soft capsules?**

#### **Hawthorn Capsules SN, 112.5 mg soft capsules must not be taken**

- if you are allergic to hawthorn leaves with dried flower extract, soya, peanut, or to any other components of this medicinal product stated in section 6.

### **Warnings and safety precautions**

- If you detect symptoms of an illness, especially the collection of water in the legs
- In the case of pain in the heart region, which can be felt in the arms, the upper abdomen or in the neck area
- In the case of breathlessness.

If one of these symptoms occurs, consult a doctor immediately.

If the symptoms continue or if side effects other than those mentioned in the pack leaflet occur please consult a doctor or a qualified practitioner.

Please consult your doctor, pharmacist or medical specialist before taking Hawthorn Capsules SN, 112.5 mg soft capsules.

### **Children and young people**

Hawthorn Capsules SN, 112.5 mg soft capsules should not be used by children and young people under 18 years of age, as insufficient research has been conducted into its effects.



## **Please note the following when taking Hawthorn Capsules SN, 112.5 mg soft capsules alongside other medicinal products**

Please inform your doctor or pharmacist if you take/use, or have recently taken/used, or intend to take/use other medicinal products.

It is not yet known whether the effect of other medicinal products is affected by Hawthorn Capsules SN, 112.5 mg soft capsules. No research has been conducted in this field yet. The effect of other medicinal products may be increased or reduced. No interactions are currently known.

## **When taking Hawthorn Capsules SN, 112.5 mg soft capsules together with food, drink and alcohol**

No research has been conducted in this field yet.

## **Pregnancy, lactation and fertility**

Insufficient research has been conducted into safety during pregnancy and lactation. As such, Hawthorn Capsules SN, 112.5 mg soft capsules should not be taken during pregnancy or lactation.

If you are pregnant or breastfeeding, or if you think you might be pregnant or are planning to become pregnant, ask your doctor or pharmacist for advice before taking this medicine.

Data regarding reproductive capacity are not available.

## **Fitness to drive and operate machinery**

No particular precautionary measures are necessary.

## **Hawthorn Capsules SN, 112.5 mg soft capsules contain sorbitol**

This medicinal product contains 15.8 mg, solution 70 % (calculated on dried substance) per soft capsule. If you suffer from any incompatibilities with certain sugars you must consult your doctor before you start taking Hawthorn Capsules SN, 112.5 mg soft capsules.

## **3. How should Hawthorn Capsules SN, 112.5 mg soft capsules be taken?**

Always take Hawthorn Capsules SN, 112.5 mg soft capsules precisely as instructed by your doctor or pharmacist. Please consult your doctor or pharmacist if you are unsure.

**The recommended dose is:** Adults take 1-2 soft capsules 3 times a day. Swallow the soft capsules before mealtimes with sufficient liquid (ideally with a glass of water).

## **Application in case of reduced liver or kidney function.**

There are not sufficient data for specific dosage instructions in case of reduced liver or kidney function.

## **Use by children and young people**

Hawthorn Capsules SN, 112.5 mg soft capsules are not suitable for use by children under the age of 18.

## **How to take the medicine**

Hawthorn Capsules SN, 112.5 mg soft capsules are soft capsules for oral use. Do not take the soft capsules whilst lying down.

## **How long to take the medicine for**

Self-medication should be finished after two weeks if the complaints have an uncertain cause. Please note the information under "Precautions for application and warning advice".

## **What to do if you take too many Hawthorn Capsules SN, 112.5 mg soft capsules**

If you accidentally take a double or triple dosage (equivalent to 2 to 6 soft capsules) it will generally not have any harmful effect. Continue taking the medicine as described in the leaflet, or as prescribed by your doctor in this case.

If you take over three times the recommended dose, please consult your doctor. It can lead to the side effects (see section 4 "What are the possible side effects?") occurring in acute form.

## **If you forget to take Hawthorn Capsules SN, 112.5 mg soft capsules**



Do not take a double dose if you have forgotten to take the previous dose. Continue taking the capsules as described in the dosage instructions.

#### **If you stop taking Hawthorn Capsules SN, 112.5 mg soft capsules**

You can stop taking Hawthorn Capsules SN, 112.5 mg soft capsules. This does not generally have any negative effect. If you are unsure, please consult your doctor or pharmacist.

Please consult your doctor, pharmacist or medical specialist if you have any further questions on taking this medicinal product.

#### **4. What are the possible side effects?**

As is the case with all medicinal products, this medicinal product can have side effects, but they do not necessarily affect everyone.

##### **Possible side effects**

Gastrointestinal disorders and allergic reactions occur. The frequency of this side effect is not known. (Frequency cannot be predicted on the basis of the available data.)

Soya proteins can very rarely cause an allergic reaction.

Please inform your doctor or pharmacist if you are seriously affected by one of the listed side effects or if you notice side effects that are not included in this information leaflet.

If you detect symptoms of an allergic reaction, do not take Hawthorn Capsules SN, 112.5 mg soft capsules again.

##### **Reporting side effects**

Please inform your doctor, pharmacist or medical specialist if you notice side effects. This also applies to side effects not stated in this leaflet. You can register any side effects directly with Bundesinstitut für Arzneimittel und Medizinprodukte, Abt. Pharmakovigilanz, Kurt-Georg-Kiesinger-Allee 3, 53175 Bonn, Germany, website: [www.bfarm.de](http://www.bfarm.de). By reporting any side effects, you can make a contribution towards more information being available on the safety of this medicinal product.

#### **5. How Should Hawthorn Capsules SN, 112.5 mg soft capsules be stored?**

Keep this medicine out of the reach of children!

Do not store above 25 °C.

Do not take this medicinal product if the "use by" date on the outer carton or blister packaging has expired. The use by date relates to the last day of the month in question.

Never dispose of medicines in the waste water (e.g. not in the toilet or sink). Ask your pharmacy how to dispose of the medicine when you have finished using it. This will help to protect the environment. Further information can be found at [www.bfarm.de/arzneimittelentsorgung](http://www.bfarm.de/arzneimittelentsorgung).

#### **6. Pack contents and additional information**

##### **What Hawthorn Capsules SN, 112.5 mg soft capsules contain:**

**The active ingredient is:** Hawthorn Leaves with Dried Flower Extract.

1 soft capsule contains 112.5 mg of dried extract of Hawthorn Leaves with Petals (4.0-7, 1:1), Extraction agent: Ethanol 70% vol.

**The other ingredients are:** Maltodextrin, Refined Rapeseed Oil, Hydrated Soya Oil (Ph. Eur.), Partially Hydrated Soya Oil (DAB), Yellow Wax, Phospholipids from Soya Beans, Gelatine, Glycerol 85%, Sorbitol Solution 70% (non-crystallising) (Ph. Eur.), Purified Water.

##### **What do Hawthorn Capsules SN, 112.5 mg soft capsules look like and what is inside the packet**

Hawthorn Capsules SN, 112.5 mg soft capsules are brown-coloured, soft, oval capsules.

Hawthorn Capsules SN, 112.5 mg soft capsules are available in packs with 120 soft capsules.

**This information leaflet was last updated in September 2020.**

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For risks and side effects please read the information leaflet and consult your doctor or pharmacist.