



Propolis-Vitamin-C-Capsules

Nutritional supplement

Useful information:

Propolis is a pleasant-smelling, tasty bee product. Bees collect resins from different trees and turn them into propolis in a mysterious process, together with pollen, wax and their own enzymes. Propolis protects the bee hive in a number of ways as a putty resin. Propolis was valued by people in ancient times, not least due to its pleasantly bitter taste. Vitamin C contributes towards a healthy, vital immune system. Vitamin C also plays a role in protecting cells against oxidative stress

Ingredients: Propolis Extract (39 %), filler microcrystalline Cellulose; Carob Powder; Gelatine, Vitamin C, separating agents Silicon Dioxide and Magnesium Stearate.

Each capsule contains 250 mg pure propolis extract and 80 mg vitamin C.

Do not take if you are allergic to propolis.

	per capsule	per daily dose (= 2 capsules)	% of NRV recommended daily dose*
Propolis extract	250 mg	500 mg	**
Vitamin C	80 mg	160 mg	200

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

** no reference value available yet

Recommended dose: swallow 1-2 capsules per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 90 capsules = 56 g

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