



## Prostate blend Herbal Tea

An exquisite and proven herb mixture.

**Ingredients:** Nettle leaves, small flowered willow herb, elder flowers, birch leaves, white dead- nettle flowers.

**Preparation:** Use 3 tablespoons per cup (about 200 ml) of boiling water. Let steep for 10 minutes and pour through a tea strainer into a cup. Only that way you get a safe food. The perfect beverage to drink during meals. Store dry and tightly closed.

### Contents 2 x 250 g

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