



Glucomannan Drink

Nutritional supplement
Healthy weight loss¹ - cholesterol-controlled diet²!

Useful information:

Glucomannan is a purely vegetable, water-soluble fibre consisting of indigestible carbohydrate chains of the Asian Konjac root (*Amorphophallus konjac*). It is characterised by high swelling properties. The European Food Safety Authority (EFSA) confirms that within the scope of a low-calorie diet, Glucomannan contributes to a weight loss.

A daily intake of 3 grammes of Glucomannan in 3 portions at 1g each in combination with 1-2 glasses of water before meals and a low-calorie diet leads to weight loss. Furthermore, a daily intake of 4 grammes contributes to maintaining a normal cholesterol level in the blood. Both conditions are fulfilled with our Glucomannan Drink, as the recommended daily dose contains 4 grammes of Glucomannan.

Glucomannan Drink

- ¹Contributes to weight loss as part of a low-calorie diet
- ²Contributes to a normal cholesterol level in the blood

Ingredients: Glucomannan (45%), Dextrose, Inulin, acidifier Citric Acid, Orange Juice Concentrate, Maltodextrin, anti-caking agent Silicon Dioxide, natural Orange Flavour, Vitamin B2.
Contains Sulfites.

	per sachet	per daily dose (=3 sachets)	% of NRV recommended daily dose*
Glucomannan	1.35 g	4.05 g	**
Vitamin B2	2 mg	6 mg	429

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended dose: 3 x daily approx. 30 minutes before meals, stir the contents of one sachet into a glass of water (at least 200 ml) and drink quickly, as the product is likely to gel already in the glass due to its high swelling properties. Afterwards drink at least another glass of water.

Glucomannan Drink is not suitable for people with swallowing difficulties.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of little children. Do not exceed the recommended daily dose.

Made in Germany

Contents: 42 sachets with 3.0 g each

Total weight 126 g

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