



Sanct Bernhard Sport Energy Rice Bar Apple

72 % carbohydrates
A boost from nature

Unlike no other bar, Energy Rice Bar provides large amounts of high rice and oatmeal proportions from natural sources. The easily digestible rice crispies, the high amount of carbohydrates and the fruity apple flavor gives you an energy boost when highest performance is required. Also suitable for cold weather. **Lactose-free.**

Ingredients: Oat Flakes, Glucose Syrup, Rice Crispies (16%) (Rice Flour, **Wheat Gluten**, Sugar, **Wheat Malt**, Glucose, Salt), Invert Sugar Syrup, Raisins, Sugar, hydrogenated vegetable Fat (Palm Oil), Maltodextrin, Apples (1.9%), **Wheat Starch**, emulsifier **Soya Lecithin**, Salt, Flavoring.

Average nutritional values:	per 100 g	per bar (50 g)
Energy	1610 kJ /380 kcal	805 kJ /190 kcal
Fat	8 g	4 g
- of which are saturated fatty acids	2 g	1 g
Carbohydrates	72 g	36 g
- of which are sugars	36 g	18 g
Protein	4 g	2 g
Salt	0,6 g	0,3 g

1 bar (= 50 g) contains 0.12 g sodium.

May contain traces of nuts, peanuts, sesame seeds, eggs and milk proteins.

Note for diabetics: bread units 1bar 50 g = 3 bread units (BU)

Store in a dry place, below 25°C. Protect from light.

Contents 50 g

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