Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



## Muskelfit Collagen Drinking Powder

Kräuterhaus Sanct Bernhard

Nutritional supplement with collagen-hydrolysat (BODYBALANCE<sup>®</sup>), calcium, vitamin B6 and sweetener

**Interesting facts:** Muskelfit collagen drinking powder was developed to promote a healthy composition of the body with a balanced relationship of muscle, fat, connective and supportive tissue and an active, vital lifestyle. Collagen is required throughout the body, because it forms the main component of the connective and supportive tissue and is an essential component of bones, cartilage and tendons. In connection with weight training, Muskelfit collagen drinking powder promotes the increase of muscle mass as well as greater muscle strength. Vitamin B6 contributes to a normal protein and carbohydrate metabolism and thus takes on an important function in the energy supply of the body. Also the contribution of Vitamin B6 to reduce tiredness and fatigue is proven, just as the supporting effect on the psyche and the nervous system. The mineral substance calcium contributes to a normal energy metabolism and normal muscle function. Lactose-free.

**Ingredients:** Collagen-hydrolysat (BODYBALANCE<sup>®</sup>, 75 %), acidifier Citric Acid, Calcium Carbonate, Inulin, sweetener Sorbitol, Vitamin B6 Hydrochloride, anti-caking agent Silicon Dioxide, Flavouring.

	per portion/20 g (=daily dose)	% of recommended daily requirement according to NRV*	per 100 g powder
Collagen hydrolysate	15 g	**	75 g
Calcium	400 mg	50	2000 mg
Vitamin B6	1.3 mg	90	6.5 mg

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 \*\* no reference value available yet

**Recommended dose:** 1 x day prior to a meal stir one measuring spoon (20 g) powder into 200 ml, dissolve and drink. We recommend the regular use over a longer period (at least 3 months).

## Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

## Contents 500 g powder

produces 25 portions (approx. 5 litres of drink)

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