Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Bitter Substance Tablets Herbadigestiv

Kräuterhaus Sanct Bernhard

Dietary supplement

Facts to know:

Bitter substances are an important component of our alimentation. They are necessary for a sufficient production of digestive body fluids. Unfortunately, the bitter substances which are naturally contained in our food, were always more and more bred off so that many aliments such as grapefruits, chicory, brussel sprouts, radicchio or artichokes do not taste so bitter as they did in the past.

Bitter Substance Tablets supply your body with the bitter substances of gentian root, blessed thistle, dandelion herb and chicory herb that support the digestion in a natural way.

Ingredients: Filler Microcrystalline Cellulose, Gentian Root, Blessed Thistle, Dandelion Herb, Chicory, separating agents Silicon Dioxide.

	per tablet	per daily dose (=4 tablets)
Gentian root	100 mg	400 mg
Blessed thistle	100 mg	400 mg
Dandelion herb	100 mg	400 mg
Chicory herb	100 mg	400 mg

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

Recommended dosage:

Take 3-4 tablets before the main meals. The tablets should be swallowed with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 150 tablets = 93 g

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