



## Ester-C®-Capsules

Nutritional supplement

Vitamin C is essential for many functions in the organism. Amongst other things, it makes an important contribution towards a healthy, vital immune system, healthy bones and cartilage and towards the protection of the cells against oxidative stress. Due to the acidic character of vitamin C, Ester-C® has been developed in which the vitamin C is bonded to calcium and L-threonate and thus becomes 100% acid-free. Ester-C® does not place strain on the body's acid-base balance, is gentle on tooth enamel and is therefore also highly suitable for sensitive people. In addition, the vitamin C in Ester-C® can be absorbed twice as quickly into the blood and remains available in the body for double the length of time in comparison to normal vitamin C.

**Ingredients:** Calcium ascorbate, Citrus Bioflavonoid Extract, Gelatine, bulking agent Microcrystalline Cellulose, separating agents Magnesium Stearate, Silicon dioxide; L-threonate.

	per capsule	per daily dose (=2 capsules)	% of NRV recommended daily dose*	per 100 g capsules
Ester-C®	500 mg	1000 mg	**	69 g
of this vitamin C	395 mg	790 mg	988	54 g
of this L-threonate	4.5 mg	9.0 mg	**	0.6 g
Bioflavonoids from citrus extract	60 mg	120 mg	**	8 g

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

\*\* no reference value available yet

**Recommended dose:** Swallow 1 capsule 1 - 2 x daily with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

**Contents 120 capsules = 85 g**

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