

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



## Tea for Colds IV

For drinking after preparing a tea infusion Herbal medicinal product for the treatment of colds

**Areas of application:** For feverish colds when sweating is desired.

**Contraindications:** No known contraindications.

Interactions with other remedies: none known

### Dosage instructions and type of application:

Take one tablespoon in a cup of boiling water (ca. 150 ml). Cover and let stand for 10 minutes, then strain. Etwa 1 Esslöffel voll Tee wird mit siedendem Wasser (ca. 150 ml) übergossen, bedeckt etwa 10 Minuten ziehen gelassen und dann durch ein Teesieb gegeben. Unless otherwise instructed, take several times a day a cup of freshly brewed tea.

**Side effects:** No known side effects.

**Reporting of side effects:** If you notice any side effects, contact your doctor or pharmacist. This also applies to any side effects not listed in this information leaflet. You can also report side effects directly to the Federal Institute for Drugs and Medical Devices, Department of Pharmacovigilance, Kurt-Georg Kiesinger-Allee 3, D-53175 Bonn, Website: www.bfarm.de.

By reporting side effects you can help provide more information on the safety of this medicine.

Note: Keep out of reach of children. Keep out of direct sunlight and moisture. Do not use once the use by date has expired.

Active ingredients: 100 g of tea contain: 35 g willow bark, 30 g elderberry, 20 g thyme.

Other ingredients: bitter fennel, liquorice wood, marigold blossoms.

Packet sizes available: 100 g medicinal tea

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For risks and side effects read the package insert and ask your doctor or pharmacist.



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## **Cold Season Herbal Bath**

A wonderfully beneficial, relaxing bath additive, in particular during the cold, wet time of year and when there is an increased risk of catching a cold. Contains camphor and menthol as well as the natural essential oils of spruce needles, mountain pines, eucalyptus and Japanese mint. The healthy herbal oils develop particularly well in warm water and release their beneficial, soothing properties as you inhale. Noticeably clears the nose and respiratory airways to ease breathing. Natural plant oils nurture the skin, making it soft, smooth and supple.

**Application:** Add a few squirts (approximately 20 ml) Cold season herbal bath to the bath water and stir it to distribute the essential oils. Enjoy your bath for 15-20 minutes at approx. 36-38°C.

Avoid contact with eyes. Not suitable for children under 6 years of age. Do not use in case of incompatibility with one of the ingredients.

Ingredients: Glycine Soja Oil, PPG-5-Laureth-5, Caprylic/Capric Triglyceride, Eucalyptus Globulus Leaf Oil, Polysorbate 20, Abies Sibirica Oil, Zea Mays Germ Oil, Lecithin, Mentha Arvensis Herb Oil, Limonene\*, Pinus Mugo Leaf Oil, Camphor, Menthol, Triticum Vulgare Germ Oil, Tocopherol, PEG-40 Hydrogenated Castor Oil, Helianthus Annuus Seed Oil, Retinyl Palmitate, Glyceryl Linoleate, Glyceryl Linolenate, Propylene Glycol, Aqua, CI 75810.

\* from natural essential oils

Made in Germany

#### Contents 500 ml

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# Chest Balm Jojoba Oil

The unique formula enriched with precious jojoba oil, camphor, rosemary, pine and eucalyptus oil, is the secret of this soothing chest balm!

Jojoba oil smoothes and nourishes the skin and prevents it from drying out. The pure essential oils are absorbed into the skin by the massaging of chest area, neck and back, evaporate partly due to the body heat, and improve with every breath your physical well-being. The fresh, natural scent helps clear the mind. Additionally massage promotes blood circulation, which has a pleasant warming effect.

Application: Apply sufficient Chest Balm Jojoba Oil onto chest area, neck and back and massage gently.

Note: Do not use on infants and toddlers under 2 years!

Ingredients: Aqua, Cetearyl Alcohol, Simmondsia Chinensis Seed Oil, Caprylic/Capric Triglyceride, Pentylene Glycol, Glycerin, Cera Alba, Camphor, Eucalyptus Globulus Leaf Oil, Rosmarinus Officinalis Leaf Oil, Turpentine, Pinus Mugo Leaf Oil (Limonene, Linalool, Eugenol, Geraniol – from natural essential oils), Xanthan Gum, Sodium Cetearyl Sulfate, Tocopherol, Helianthus Annuus Seed Oil.

Made in Germany

#### Contents 100 ml

Art. No. 280

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