



## Lactase Capsules

14.000 FCC-units

Nutritional supplement with lactase in the case of lactose intolerance

With lactose intolerance undigested lactose gets into the lower parts of the bowel and causes an adverse fermentation in the entire intestinal tract. Lactase improves the lactose digestion of people suffering from difficulties in digesting lactose. The enzyme lactase splits the lactose into its components glucose und galactose, which can be easily used by the body.

### Ingredients:

Filler Magnesium Carbonate, Gelatin, filler Maltodextrin, Lactase (15 %), anti-caking agent Magnesium Stearate

Each capsule contains 14.000 FCC-units lactase (FCC: Food Chemical Codex).

	per capsule	per daily dose (= 3 capsules)
Lactase	14.000 FCC*	42.000 FCC*

\*FCC units according to the Food Chemical Codex

### Recommended use:

Take 1-3 capsules daily with sufficient liquid immediately before or during the consumption of lactose-containing products. The demand of the supplied lactase is individually different and must be adjusted. It depends on the type and amount of lactose-containing foods and beverages as well as the body's production of lactase. Due to these differences you should obtain further information regarding the function of lactase in your diet.

The capsules are suitable for swallowing and for to stirring up into food or drink, which have a temperature of up to 50 °C.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

**Contents 150 capsules = 58 g**

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