Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Colostrum Capsules

Kräuterhaus Sanct Bernhard

Food supplement

Good to know:

Colostrum, also known as pre-milk, is the very first milk given by mammals to newborns to give them the optimal nourishment in the first few days. Colostrum contents lots of biologically active molecules such as immunoglobulin G (IgG). The colostrum used in our capsules is exclusively obtained from controlled stocks of cows within the first 24 hours of giving birth of calves. A cow produces normally more colostrum than the calf needs. Only the surplus may be used for the production of Colostrum Capsules.

Ingredients: Colostrum (67 %), Gelatin, separating agent Magnesium Stearate. Contains lactose and milk protein.

| | per capsule | per daily dose (=2 capsules) | per 100 g capsules |
|-------------------------|-------------|---------------------------------|-----------------------|
| Colostrum | 400 mg | 800 mg | 67 g |
| of which | | | |
| Immunoglobulin G (IgG). | 72 mg | 144 mg | 12 g |

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established

Recommended daily dosage: Take 1 capsule 1-2 times daily. Swallow the capsule whole with sufficient liquid. Do not take with hot liquids.

Keep out of direct sunlight. Store dry and not above 25°C. Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 90 capsules = 52 g

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