



Shii-Take Capsules

Nutritional supplement
with Shii-Take and zinc

Useful information:

Shii-Take (*Lentinus edodes*), also called the "king of the mushrooms", has been appreciated for many thousands of years, especially in China and Japan. Shii-Take capsules are a carefully composed nutritional supplement with Shii-Take powder and zinc. Zinc is one of the essential trace elements and plays an important role in a vitalised, healthy immune system and the body's defences and makes a contribution towards cell protection against oxidative stress, amongst others.

Ingredients:

Shii-Take Powder (78 %) (*Lentinus edodes*), Gelatine, Zinc Gluconate, Magnesium Stearate (separating agent).

	per capsule	per daily dose (= 12 capsules)	% of NRV recommended daily dose*
Shii-Take powder	380 mg	4560 mg	**
Zinc	1 mg	12 mg	120

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

** no reference value available yet

Recommended use:

Swallow 3-4 capsules 3 x daily with sufficient liquid before meals.

Note:

Particularly susceptible persons may suffer allergic skin reactions from eating Shii-Take mushrooms.
Not suitable for children and young people under 17 years of age.

The intake of other nutritional supplements containing zinc should be avoided.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 180 capsules = 86 g

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