



## Bladder and Kidney Tea II

To drink as tea

Plant-based remedy for troubles affecting the urinary passage

**Information leaflet** -Please read carefully!-

**Areas of application:** To support the therapy of catarrh of the bladder and renal pelvis.

**Contraindications:** The medicinal product should not be used by children under 12 years of age, or during pregnancy or lactation.

**Interactions with other remedies:** The tea should not be given together with remedies that lead to the binding of an acidic urine.

**Dosage instructions and type of application:** Pour boiling water (approx. 150 ml) onto one teaspoon full of tea (2 to 4 g), leave covered for approximately 15 minutes and then pour through a tea strainer.

Unless otherwise prescribed drink one cup of tea 3-4 x a day.

**Duration of use:** Preparations from bearberry leaves should not be taken for longer than 1 week or for more than 5 times a year without your doctor's permission.

**Side effects:** Nausea and vomiting may occur if the stomach is sensitive and in children. Note: Liver damage is possible with long-term use or overdose (hydroquinone poisoning).

**Reporting side effects:** Please inform your doctor or pharmacist if you notice side effects. This also applies to side effects not stated in this leaflet. You can register any side effects directly with the Bundesinstitut für Arzneimittel und Medizinprodukte, Abt. Pharmakovigilanz, Kurt-Georg-Kiesinger-Allee 3, D-53175 Bonn, website: [www.bfarm.de](http://www.bfarm.de). By reporting any side effects, you can make a contribution towards more information being available on the safety of this medicinal product.

**Note:** Keep the medicinal product out of reach of children and protected against light and moisture. The medicinal product should not be used after the expiry of the best before date.

**Active ingredients:** 100 g tea contains: Bearberry Leaves 40 g, Birch Leaves 10 g, seedless Garden Bean Pods 20 g, Horsetail Herb 15 g.

**Other components:** Liquorice Roots, Peppermint Leaves, Marigold Blossoms.

**Information updated:** September 2024

**Packet sizes available:** 120 g tea

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For risks and side effects please read the information leaflet and consult your doctor or pharmacist.