



Organic Physalis

Dried

Golden yellow and unbelievably aromatic! Originally native to South America, the fruit is now cultivated in many countries. Our Organic Physalis (*Physalis peruviana*), which are also called Cape Gooseberry, are already a real pleasure on their own. They can also be used as an addition to cereals and yoghurt or to complement salads and pastries.

- Naturally high in fibre
- No added sugar (contains natural sugar)

Average nutritional values	per 100 g
Calorific content	1372 kJ/328 kcal
Fat	8 g
of which saturated fatty acids	1 g
Carbohydrate	37 g
of which sugars	36 g
Dietary fibres	28 g
Protein	9 g
Salt	0 g

Ingredients: 100 % physalis from controlled organic cultivation.



DE-ÖKO-001
Non-EU agriculture

Close properly and store in a dry place.

Organic Physalis are a natural product, therefore foreign bodies such as small stones, stalks or similar cannot always be avoided, even after repeated and thorough checks.

Contents 500 g

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