Kräuterhaus **Sanct Bernhard**

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Hawthorn Leaves with Blossoms Tea

To drink as tea Traditionally used herbal cardiovascular remedy

Areas of application: Traditionally used to support cardiovascular functions. This application is based exclusively on the long-standing use of the medicinal product in the area of application.

Contraindications: Hypersensitivity to hawthorn.

Precautions for application and warning advice:

If water accumulates at the ankles or in the legs, in the case of pain in the heart region, which can be felt in the arms, the upper abdomen or in the neck area, or respiratory distress, a doctor should be consulted immediately so that further investigations can be made.

Children and young people: Due to insufficient data, the use in children and adolescents under 18 years of age is not recommended.

Pregnancy and lactation: Insufficient research has been conducted into safety during pregnancy and lactation. Therefore, this product should not be administered during pregnancy and lactation.

Interactions: None known.

Dosage instructions and type of application:

Adults, including older persons: Single dose: Pour 150 ml of boiling water over 1 to 2 g chopped hawthorn leaves, cover, and pass through a tea strainer after 10 to 15 minutes, if necessary. Daily dose: 3 to 4 times (maximum 6 g chopped hawthorn leaves with blossoms tea).

How long to take the medicine for:

If symptoms occur that persist for longer than four weeks or recur periodically, or if the symptoms worsen, a doctor must be consulted.

Side effects: None known.

Reporting side effects: Please inform your doctor or pharmacist or medical specialist if you notice side effects. This also applies to side effects not stated in this leaflet. You can register any side effects directly with the Bundesinstitut für Arzneimittel und Medizinprodukte, Abt. Pharmakovigilanz, Kurt-Georg-Kiesinger-Allee 3, D-53175 Bonn, website: www.bfarm.de. By reporting any side effects, you can make a contribution towards more information being available on the safety of this medicinal product.

Note: Keep protected against light and moisture. The medicinal product should not be used after the expiry of the best before date.

Active ingredient: 100 g tea contains 100 g hawthorn leaves and flowers.

Information updated: October 2022

Packet sizes available: 120 g tea

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For risks and side effects please read the information leaflet and consult your doctor or pharmacist.