



Beauty-Capsules

Food supplement with evening primrose oil, vitamins and millet extract

Good to know:

Unpure skin, blunt hair and brittle nails can be consequences of a lack of nourishment of specific nutrients. Beauty Capsules were specially developed under this aspect. They contain high-quality evening primrose oil, millet extract and biotin, which plays an important role in the preservation of a normal, healthy skin and thick, strong hair. Also the vitamins B1, B2, B6, B12, niacin, calcium-D-pantothenate, folic acid, vitamin C and E as well as carotenoids support your natural beauty that comes from within.

Ingredients: Evening Primrose Oil, Gelatin, humectant Glycerin, Vitamin C, Millet Extract, Niacin, Vitamin E, filler Sunflower Oil, thickening agent Silicon Dioxide, Calcium-D-Pantothenate, emulsifier **Soya Lecithin**, Carotenoids, Vitamin B6-Hydrochloride, Vitamin B1-Mononitrate, Vitamin B2, color Iron Oxide, antioxidant Tocopherol rich extracts of natural origin, Folic Acid, Biotin, Vitamin B12.

	per capsule	per daily dose (=2 capsules)	% of the recommended daily requirement according to NRV*	per 100 g capsules
Evening primrose oil	320 mg	640 mg	**	46 g
of which is fat	320 mg	640 mg	**	46 g
of which are saturated fatty acids	30 mg	60 mg	–	4 g
unsaturated fatty acids	290 mg	580 mg	–	42 g
of which are monounsaturated fatty acids	30 mg	60 mg	–	4 g
of which are polyunsaturated fatty acids	260 mg	520 mg	–	38 g
of which is Gamma-Linolenic acid	30 mg	60 mg	–	4 g
Vitamin B1	1.4 mg	2.8 mg	255	0.2 g
Vitamin B2	1.6 mg	3.2 mg	229	0.2 g
Vitamin B6	2.0 mg	4.0 mg	286	0.3 g
Niacin	18.0 mg	36.0 mg	225	3 g
Pantothenic acid	5.6 mg	11.2 mg	187	0.8 g
Folic acid	200 µg	400 µg	200	29 mg
Vitamin B12	1.5 µg	3.0 µg	120	0.2 mg
Vitamin E (alpha-TE)	10 mg (15 I.U.)	20 mg (30 I.U.)	167	1 g
Vitamin C	60 mg	120 mg	150	9 g
Millet Extract	25 mg	50 mg	**	4 g
Carotenoids	1.5 mg	3 mg	**	0.2 g
Biotin	225 µg	450 µg	900	32 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

**No reference value has yet been established

Recommended use: Swallow 2 capsules daily with sufficient liquid. The regular use of Beauty Capsules over an extended period of time is recommended.

Biotin can have an effect on laboratory tests, please inform your doctor in this case.

Keep out of direct sunlight. Store dry and not above 25°C. Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 200 capsules = 136 g

Art. No. 296 Eti0722