



Black Cumin Oil Mono Capsules

Food supplement with unsaturated fatty acids

Interesting facts:

The pure, Egyptian cold-pressed oil from the seeds of the genuine black cumin (*Nigella sativa*) is widely-known to be a precious gift from Nature. Its diverse applications have been recorded now for over 2,000 years.

Each capsule contains 500 mg of pure Egyptian black cumin oil with about 84 percent biologically active unsaturated fatty acids.

Ingredients: Pure Egyptian Black Seed Oil (cold pressed, 73%)*, Gelatin, Glycerine humectant, antioxidant strong Tocopherol containing Extracts.

*Certified organic. DE-ÖKO-001

80 % of the agricultural ingredients were produced in accordance with the rules of organic production.

Each capsule contains 500 mg of pure Egyptian black cumin oil from controlled organic cultivation with about 84 percent biologically active unsaturated fatty acids.

	per capsule	per daily dose (= 6 capsules)
Black cumin oil	500 mg	3000 mg
of which is fat	500 mg	3000 mg
of which are saturated fatty acids	80 mg	480 mg
unsaturated fatty acids	420 mg	2520 mg
of which are monounsaturated fatty acids	125 mg	750 mg
poly unsaturated fatty acids	295 mg	1770 mg

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established

Suggested use:

Take 2 capsules 3 times daily with sufficient liquid.

Store in a dry place below 25°C.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 400 Kapseln = 267 g

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