



Sanct Bernhard Sport Regeneration Booster +BCAA

Exotic
 Lactose free - gluten free

Nutritional supplement after intensive physical performance.

Ingredients: Water, Maltodextrin, Saccharose, Amino Acids (Glutamine, Leucine, Isoleucine, Valine), Magnesium Lactate, Potassium Tartrate, Potassium Citrate, Sodium Chloride, Flavor, Preservative Potassium Sorbate, Acidifier Citric Acid, Zinc Gluconate, Niacin, Vitamin-B6-Hydrochloride, Vitamin-B1-Mononitrate, Vitamin B2, Vitamin B12.

Average nutritional values:	100 ml	50 ml = 1 tube	*/50 ml
Calorific Value	860 kJ (200 kcal)	430 kJ (100 kcal)	-
Fat	0 g	0 g	-
Carbohydrates	52 g	26 g	-
- of which is sugar	16 g	8 g	-
Protein	0 g	0 g	-
Salt	450 mg	225 mg	-
Sodium	180 mg	90 mg	**
Potassium	134 mg	67 mg	3***
Magnesium	62 mg	31 mg	8***
Zinc	5,0 mg	2,5 mg	25
Niacin	16 mg	8 mg	50
Vitamin B12	2,6 µg	1,3 µg	50
Vitamin B6	1,4 mg	0,7 mg	50
Vitamin B2	1,4 mg	0,7 mg	50
Vitamin B1	1,2 mg	0,6 mg	50
Aminos Acids	3,0 g	1,5 g	**
- of which are BCAA	2,0 g	1,0 g	**

*% of the recommended daily need according to NRV (nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

*** In order to cover the daily need an additional intake is recommended

Recommended use: Drink one undiluted tube of Regeneration Booster immediately after performance. After extreme performance we recommend 2 tubes.

Hint for diabetics: 1 tube 50 ml = 2,1 BE

Not recommended for children and young people under 17.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 50 ml

Art. No. 2562

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www.sanct-bernhard-sport.com