



## Swedish Herbs Mixture

14 herbs for the preparation of  
a delicious digestive bitters

Proven herbal mixture of 14 herbs for preparing a tasty digestive bitters. Simply mix the herbs with corn schnaps or gin and let stand. Also suitable for external use.

The Swedish herbs do not have their name from herbs from Sweden. Their invention is attributed to two Swedish doctors of the 16th century who both were followers of Paracelsus, probably the most important figure of the medieval medical science. Both doctors are said to have reached a very old age with good health. If this was attributed to the Swedish herbs may be an open question. Anyway, the composition was kept secret until this century and has been passed down through generations. Swedish herbs also became well known through the recommendation of the Austrian „herbalist“ Maria Treben. Today, many satisfied customers appreciate our Swedish Herbs Mixture as a versatile household remedy.

**Ingredients:** Angelica root, calamus root, manna, zedoary root, wormwood, fennel, dandelion root with leaves, myrrh, gentian root, valerian root, anise, orange peel, cardamom, saffron.

**Preparation:** Add the contents to 1.5 l corn schnaps or juniper spirit. Set aside for a week and shake daily. Herbal mixture settles on the bottom of the bottle. It can be strained or just be left in.

Made in Germany

**Contents 160 g**  
for 1.5 litres digestive bitters

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