



Eucalyptus Oil

Active substance: 100% essential oil
To be taken by adults and children over 12 years

Read the entire information leaflet carefully before starting to take this medicinal product; it contains important information for you.

Always take this medicinal product exactly as described in this leaflet or exactly as prescribed by your doctor, pharmacist or medical specialist.

- Keep this information leaflet. You may want to reread it at a later date.
- Ask your pharmacist if you need any additional information or advice.
- Please inform your doctor or pharmacist or medical specialist if you notice side effects. This also applies to side effects not stated in this leaflet. See section 4.
- Please consult a doctor if, after 7 days, you do not feel better or even feel worse.

Information in this leaflet:

1. What is Eucalyptus Oil and what is it used for?
2. What must I be aware of before using Eucalyptus Oil?
3. How should I take Eucalyptus Oil?
4. What are the possible side effects?
5. How should Eucalyptus Oil be stored?
6. Pack contents and additional information

1. What is Eucalyptus Oil and what is it used for?

Plant-based ointment for muscular pain and neuralgia. Means to treat respiratory problems.

Fields of application:

Internal and external use for: colds and illnesses affecting the upper air passages.

External use for: rheumatic complaints.

2. What must I be aware of before taking Eucalyptus Oil?

Eucalyptus Oil must not be used;

- If you are allergic to eucalyptus oil
- On babies and small children under the age of 2 years (risk of laryngospasm)
- In case of inflammatory illnesses in the gastro-intestinal area and in the biliary tract, or acute liver disorders.
- Externally on: small children over 2 years in the facial area, especially in the area around the nose.

Warning advice and precautions for application

Please consult your doctor, pharmacist or medical specialist before taking Eucalyptus Oil.

Taking Eucalyptus Oil together with other medicinal products

Please inform your doctor or pharmacist if you take, or have recently taken, or intend to take other medicinal products.

Eucalyptus Oil stimulates the enzyme system to break down foreign bodies in the liver. The effects of other medicinal products can, therefore, be weakened or shortened.

Pregnancy, lactation and reproductive capacity :

If you are pregnant or are nursing, if you think you might be pregnant or intend to become pregnant, please consult your doctor or pharmacist before taking this medicinal product.

3. How should I take Eucalyptus Oil?

Always take this medicinal product exactly as described in this leaflet.

Please consult your doctor, pharmacist or medical specialist if you are unsure.

The recommended dose is:

Take 2-4 drops of Eucalyptus Oil 3 times per day on sugar or in a glass of warm water.



Put 3-4 drops of Eucalyptus Oil in hot water for inhalation.

Rub several drops of Eucalyptus Oil onto the skin of the chest and back for external application against cold-related illnesses affecting the air passages. Rub several drops onto the affected skin areas for application against rheumatic disorders.

Type of application: To be taken orally, inhaled and applied to the skin.

Duration of application: In case of acute complaints that last longer than a week or that keep returning, we recommend you consult a doctor.

Please consult your doctor, pharmacist or medical specialist if you have any further questions on taking this medicinal product.

4. What are the possible side effects?

As is the case with all medicinal products, this medicinal product can have side effects, but they do not necessarily affect everyone.

In rare cases, nausea, vomiting and diarrhoea may occur after taking Eucalyptus Oil (can affect up to 1 of 1,000 treated patients). Eucalyptus Oil can cause allergic reactions (including respiratory distress) in certain patients.

Eucalyptus oil can cause laryngospasm in infants and small children up to 2 years of age, resulting in severe breathing difficulties.

Reporting side effects

Please inform your doctor, pharmacist or medical specialist if you notice side effects. This also applies to side effects not stated in this leaflet. You can register any side effects directly with the Bundesinstitut für Arzneimittel und Medizinprodukte, Abt. Pharmakovigilanz, Kurt-Georg-Kiesinger-Allee 3, D-53175 Bonn, website: www.bfarm.de. By reporting any side effects, you can make a contribution towards more information being available on the safety of this medicinal product.

5. How should Eucalyptus Oil be stored?

Keep this medicine out of the reach of children!

Do not take this medicinal product if the "use by" date on the label or carton has expired. The use by date relates to the last day of the month in question.

Keep out of direct sunlight, tightly sealed and store below 25 °C.

Never dispose of medicines in the waste water (e.g. not in the toilet or sink). Ask your pharmacy how to dispose of the medicine when you are no longer using it. By doing this, you are helping to protect the environment. You can find more information on www.bfarm.de/arzneimittelentsorgung.

6. Pack contents and additional information

1 ml essential oil contains:

Active ingredient: 1 ml Eucalyptus Oil.

Packet sizes available: Packet containing 30 ml essential oil.

This information leaflet was last updated in July 2021.

Art.-No.: 1519

PB1221

For risks and side effects please read the package insert and ask your physician or pharmacist.