



## Specialty Alkaline Tea

A tasty herbal tea that supports a healthy acid-base balance

**Ingredients:** lemon grass, fennel, anise, cumin, black-cumin, raspberry leaves, corn silk, redbush tea, carrot dices.

**Preparation:** Take one heaping teaspoon in a cup of boiling water. Cover and let stand for 10 minutes, then strain. Only that way you get a safe food.

Store dry and tightly closed.

**Contents 500 g**

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