

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Organic Coconut Oil Native

From controlled organic cultivation Ideal for cooking, baking, roasting and frying Cold-pressed

This first-class coconut oil is made from the pulp of the ripe coconut from controlled organic cultivation and is mechanically pressed. It contains a high amount of lauric acid which makes this oil very precious. Coconut oil is particularly heat-resistant and, therefore, very suitable for cooking, baking, roasting and frying. Connoisseurs use coconut oil as a spread or simply as an alternative to conventional butter or margarine.

It can equally be used as a precious cosmetic oil for hair and skin.

Organic coconut oil is liquid at temperatures above approx. 25°C.

Average nutritional values	per 100 ml
Calorific value:	3404 kJ/828 kcal
Fat:	92,0 g
- of which are saturated fatty acids:	86,6 g*
- of which are monounsaturated fatty acids:	4,6 g
- of which are polyunsaturated fatty acids:	0,8 g
Carbohydrates:	0 g
Protein:	0 g
Salt:	0 g

^{*} of which are 46 g lauric acid

Store in a cool place, protected from light.





DE-ÖKO-001 Non-EU-Agriculture

Contents 1000 ml

Art. No. 670

Eti0318

