



Whey Drink Vanilla

Good to know:

A high quality food with sweet whey, yogurt and Jerusalem artichoke powder and real bourbon vanilla for the preparation of a delicious whey drink. An ideal drink to support e.g. acidosis and diets.

Whey and yogurt powder contain lactose (milk sugar), which have a positive influence on a healthy intestinal flora. Jerusalem artichoke contains significant amounts of the nutrient inulin, an insoluble fiber that naturally aids digestion.

Zutaten:

Organic Sweet Whey Powder (70%)*, **Organic Yogurt Powder***, Dextrin filler, Jerusalem Artichoke Powder *, Bourbon Vanilla (0.2%).

Contains lactose, milk protein.

* Certified organic. DE-ÖKO-001

90% of agricultural ingredients were produced according to the basic rules for organic farming.

Average nutritional values	100 g powder
Calorific value	1562 kJ (369 kcal)
Fat	1 g
- of which are saturated fatty acids	0.4 g
Carbohydrates	9 g
- of which is sugar	60 g
fiber**	12 g
Protein	15 g
Salt	1.1 g

** of which is inulin 3 g/100 g powder

The nutritional values are average data and are subject to natural variation of products with natural ingredients.

Preparation: We recommend to stir 3 tablespoons (20 grams) whey drink powder in 250 ml of water, skimmed milk or fruit juice. By using a mixer or shaker you get a nice frothy, creamy drink.

Directions: As an in-between meal use 250 - 500 ml of whey drink or take 1,5 – 2 l per day as cure. Can also be added to sweet or dairy foods, desserts and cereals.

Store in a dry place below 25°C. Protect from light.

Made in Germany

Contents 500 g

Art. No. 780

Eti1223